

Spring Hing

Tuesday, May 27, 2025 Catholic Conference Center

1551 TRINITY LANE HICKORY, NC 28602

9:00 a.m. — Check-In (Coffee & Snacks) 9:45 a.m. - 2:30 p.m. — Program 2:40 p.m. — Closing Mass

> **\$17** per person (includes lunch) Checks payable to Catholic Charities

To register, send your name, address, phone number, parish affiliation, and payment to:

Attn: Sandra Breakfield
Program Director Elder Ministry
Catholic Charities Diocese of Charlotte
1123 S. Church Street
Charlotte, NC 28203-4003

Deadline for Registration: Monday, May 12 Space is limited.

For more information, contact: Sandra Breakfield at 704-370-3220 or email sandrab@ccdoc.org

Parish:

Activities to choose from throughout the day include:

- Bingo
 Bob & Nancy
- Crafts led by Marie Durbin
- Medicare: Making Choices that Could Affect Your Out-of-Pocket Costs! presented by Vickie Blevins, Executive Director, Catawba County Council on Aging
- Protect Your Health & Safety —
 What to Do Before, During and After a Disaster
 presented by Victoria Cross, American Red Cross
- Healthy Living for Your Brain and Body presented by Denise Young, Alzheimer's Association
- Catawba Valley Medical Center informational tables and presentations
- Western Piedmont Council of Governments, Area Agency on Aging

Registration Included:

Musical performance by Brian McCarn – One Man Band

Name:	Address:
Phone:	Email: