

NURTURING THE SPIRIT: WISDOM FOR CAREGIVERS

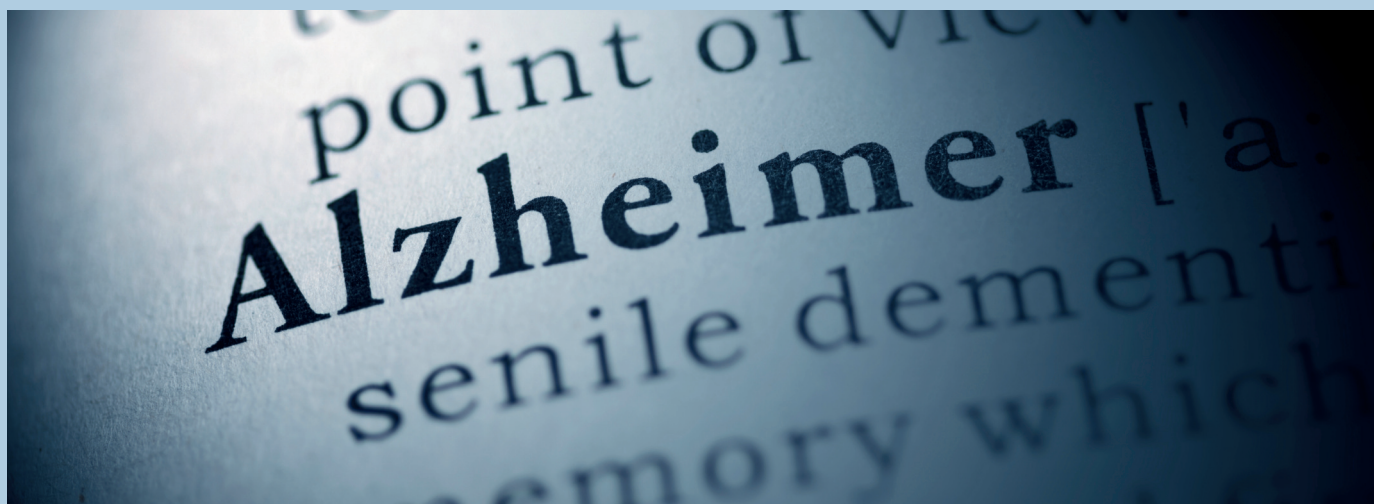
CATHOLIC CHARITIES ELDER MINISTRY
& THE ALZHEIMER'S SUPPORT GROUP AT ST. MATTHEW PRESENT

“SPIRITUALITY AND CARE GIVING”

Speaker: Deacon Lon Phillips

“CAREGIVING AND THE HOLIDAYS”

Speaker: Courtenay
O'Donoghue, Ph.D., Program
Director, Alzheimer's
Association, Western Chapter



DECEMBER 10, 2024

CHECK-IN AT 12:30 P.M. PROGRAM STARTS AT 1:00 P.M.
ST. MATTHEW CATHOLIC CHURCH, BANQUET ROOM

FREE. LIGHT SNACKS WILL BE PROVIDED.

REGISTER BY DECEMBER 5

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