

## NFP Supportive Health Professionals

For a search more broad than the Charlotte diocese, the following directories may be helpful: [FACTS](#); [Priests for Life](#); [One More Soul](#)

The following medical doctors have indicated that they practice without prescribing, performing, or referring for contraception, sterilization, abortion, or in vitro fertilization. They promote Natural Family Planning for achieving or avoiding conception. However, a provider may work among colleagues in a practice that does provide contraception.

In addition, the list references those doctors who practice [NaProTechnology](#) (Natural Procreative Technology) and/or [FEMM Medical Management](#). These are medical programs that focus on restoring normal function and cooperate completely with the reproductive system to restore menstrual health and fertility.

**Please Note:** This list is provided for informational purposes only and does not entail endorsement of any healthcare provider by the Office of Family Life. As with any healthcare decision, care should be taken to select a provider that you have thoroughly researched and who meets your particular needs.

**CONNECT WITH A CATHOLIC DOULA IN THE GREATER CHARLOTTE AREA:** [Maryn Moran](#) or [Anna Button](#). Learn more about doula care [here](#)!

**TELEMEDICINE OPPORTUNITIES:** See Providers listed at My Catholic Doctor [here](#), including the following specialists in women's health and fertility issues, [Faith Daggs, MD](#), [Greg Lang, MD](#), [Megan Blum, PA-C](#), [Megan Kreft, PA-C](#), [Bernadette Powell, PA-C](#), and [Craig Turczynski, Ph.D.](#) (reach out for expert advice on assisted reproductive technologies and male fertility problems). Be sure to check out the other providers, health coaches, specialists in pediatrics, pharmacy, genetic counseling, neurology, gerontology, nutrition and more! Also, consider local Charlotte area Catholic Dr. Jillian Johnston, MD, OB/GYN (FEMM/NaPro) at <https://femmhealth.org/telehealth/>.

**Bluffton, SC:** Michael Daniel, MD. **Vasectomy Reversal.** [Carolina Vasectomy Reversal](#).

**Charlotte:** Joy Koelbl, PT, DPT. **Pelvic Floor Physical Therapy.** [Pelvic Therapy, Atrium Health](#). Joy serves two locations: [Ballantyne](#) (better for those with private insurance) and [Pineville](#) (better for those with Medicare or Medicaid). When making an appointment, ask for Joy specifically. Learn more [here](#) about the benefits of pelvic floor physical therapy for women's issues, such as endometriosis, painful sex, pelvic organ prolapse and more!

**Charlotte:** Stephen Blaha, MD. Obstetrics/Gynecology. [Eastover OB/GYN](#).

**Durham:** Restorative Reproductive Medicine focused on infertility and recurrent miscarriage. [REPLY Fertility](#).

**Gastonia:** Kathryn R. Blatchford, MSN, FNP-BC. Family Practice. [Logos Health](#).

**Gastonia:** Michelle Wilkinson, MD. Family Practice. [Integritas Wellness & Hormone Center.](#)

**Midland:** Mary Russell, MD. Family Practice/**NaProTechnology.** [Atrium Health Midland Family Medicine.](#)

**Monroe:** Evelyn Anderson, MD. Family Practice. [Anderson Family Medicine.](#)

**Winston-Salem:** Lewis Lipscomb, MD; Alexis Simon, MD; Jeffrey Williams, DO; Donna Kay Lo, CNM; Stefanie Bates, CNM; Mikayla Birthrong, FNP; Obstetrics/ Gynecology/**NaProTechnology.** [Novant Health Triad Obstetrics & Gynecology.](#)

**IN THE NEWS!**

-Dr. Stephen Blaha opens new Natural Family Planning focused [clinic](#) in Charlotte to serve women!

-Dr. Johnston and Megan Blum share their [personal stories](#) of conversion and their passion to provide authentic, pro-life women's care!

-Learn about [abortion pill reversal](#), pioneered by our very own [Dr. Matthew Harrison!](#)

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<https://charlottediocese.org/faith-life/family-life/natural-family-planning/>



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