



PUZZLE

Diabetes syllacrostic

Name: _____ Date: _____

Fill in the answers to the clues using the syllables below. All the syllables will be used — each only once. The number of syllables in each answer is in parentheses after the clue. All information can be found in this month’s bulletin and bonus article.

a	ar	as	chil	cose	cre	cise
di	dren	dults	ents	est	ex	er
glu	gre	in	in	lin	mod	pan
re	sis	sug	su	tant		

1. Diabetes develops when the body can’t efficiently turn blood _____ into energy. (2)
2. Being active makes cells more sensitive to _____. (3)
3. A _____ amount of weight loss lowers your risk for type 2 diabetes. (2)
4. Type 2 diabetes is seen primarily in _____. (2)
5. Due to the obesity epidemic, type 2 diabetes is being seen more often in _____. (2)
6. After we eat, our bodies turn food into blood sugar, or _____. (2)
7. The _____ produces insulin, which lets blood sugar into our cells. (3)
8. When cells stop responding to insulin, they have become insulin _____. (3)
9. Cooking at home can be healthier than eating out because you have more control over _____ and portion sizes. (4).
10. A healthy diet and plenty of _____ help prevent type 2 diabetes in children and adults. (3) ♦

