

Eye Health Syllacrostic



Name: _____

Fill in the answers to the clues using the syllables below. All the syllables will be used — each only once. The number of syllables in each answer is in parentheses after the clue. All information can be found in this month's LivingRight® bulletin and bonus article.

a	a	a	a	be	blur	cat
co	di	ear	er	high	in	ga
glau	let	ly	ma	me	o	o
ract	ret	ry	sels	symp	tes	thin
toms	tra	ul	ves	vi	xan	ze

- Spinach contains lutein and _____, which support eye health. (4)
- The _____-3 fatty acids in fish such as salmon and tuna help your retinas work properly. (3)
- Eating foods containing vitamin C can help lower your _____ risk. (3)
- A person with macular degeneration loses central vision as the _____ deteriorates. (3)
- _____ damages the eye's optic nerve. (3)
- The _____ rays from the sun can damage your eyes. (5)
- Digital eye strain can cause vision to become _____. (2)
- Regular eye exams are important because treatment is most effective when eye disease is found in the _____ stages. (2)
- Some eye diseases have no _____ at first. (2)
- An imaging device may one day be able to detect Alzheimer's disease by looking at the tiny blood _____ in the eye. (2)
- An eye exam may reveal signs of high blood pressure or _____. (4)
- A person with diabetes is at _____ risk for vision loss. (2)