

How much do you know?

Get the facts on drugs and alcohol



- Which of the following are short-term effects of marijuana use? (Choose all that apply)
 - Altered sense of time
 - Changes in mood
 - Impaired memory
 - Difficulty with thinking and problem solving.
- True or False:** Marijuana use has been linked to mental illness in some people.
- True or False:** Marijuana is the mostly commonly used illicit drug in the United States.
- True or False:** Opioids, which are used to relieve pain, can actually make a person more sensitive to pain.
- True or False:** A person cannot overdose on prescription opioids.
- True or False:** Chemically, opioids are nothing like heroin.
- How many people died of a drug overdose in 2016?
 - 10,000
 - 23,000
 - 43,000
 - 63,000
- A standard drink is equal to how many ounces of beer (with about 5 percent alcohol)?
 - 6 ounces
 - 12 ounces
 - 18 ounces
 - 24 ounces
- A standard drink is equal to how many ounces of wine (with about 12 percent alcohol)?
 - 3 ounces
 - 5 ounces
 - 7 ounces
 - 9 ounces

10. **True or false:** A light beer has much less alcohol than a standard beer.
11. A typical bottle of wine contains about how many standard drinks?
 - a. 2
 - b. 3
 - c. 5
 - d. 8
12. Which of the following are symptoms of alcohol overdose?
 - a. Mental confusion
 - b. Vomiting
 - c. Seizures
 - d. All of the above
13. Moderate drinking for women is defined as how many drinks per day?
 - a. 1
 - b. 2
 - c. 3
 - d. 4
14. Moderate drinking for men is defined as how many drinks per day?
 - a. 1
 - b. 2
 - c. 3
 - d. 4
15. **True or false:** It is safer to drink beer or wine than liquor.

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Answer Key



1. Which of the following are short-term effects of marijuana use? (Choose all that apply)
 - a. Altered sense of time
 - b. Changes in mood
 - c. Impaired memory
 - d. Difficulty with thinking and problem solving.

Answer: a, b, c, d. According to the National Institute on Drug Abuse, marijuana use causes these effects as well as altered senses, impaired body movement, and hallucinations, delusions, and psychosis, when taken in high doses.

2. **True or False:** Marijuana use has been linked to mental illness in some people.

Answer: True. According to the National Institute on Drug Abuse, in some people long-term marijuana use has been linked to temporary hallucinations, temporary paranoia, and worsening symptoms in patients with schizophrenia.

3. **True or False:** Marijuana is the mostly commonly used illicit drug in the United States.

Answer: True. It is used by about 8 percent of Americans, according to the most recent statistics from the National Survey on Drug Use and Health.

4. **True or False:** Opioids, which are used to relieve pain, can actually make a person more sensitive to pain.

Answer: True. According to the National Institute on Drug Abuse, some patients experience worse pain or become more sensitive to pain after treatment with opioids.

5. **True or False:** A person cannot overdose on prescription opioids.

Answer: False. A person can overdose on prescription opioids. According to the National Institute on Drug Abuse, breathing often slows or stops when people overdose on an opioid medication. This decreases the amount of oxygen reaching the brain, which can lead to death.

6. **True or False:** Chemically, opioids are nothing like heroin.

Answer: False. Opioids are chemically very similar to heroin, according to the National Institute on Drug Abuse. Prescription opioid misuse is a risk factor for starting heroin use.

7. How many people died of a drug overdose in 2016?
- a. 10,000
 - b. 23,000
 - c. 43,000
 - d. 63,000

Answer: d. According to the National Center for Health Statistics Fact Sheet for February 2018, the rate of drug overdose deaths in the United States in 2016 was more than three times the rate in 1999.

8. A standard drink is equal to how many ounces of beer (with about 5 percent alcohol)?
- a. 6 ounces
 - b. 12 ounces
 - c. 18 ounces
 - d. 24 ounces

Answer: b, 12 ounces

9. A standard drink is equal to how many ounces of wine (with about 12 percent alcohol)?
- a. 3 ounces
 - b. 5 ounces
 - c. 7 ounces
 - d. 9 ounces

Answer: b, 5 ounces

10. **True or false:** A light beer has much less alcohol than a standard beer.

Answer: False. Many light beers have almost as much alcohol as standard beers. According to the National Institute on Alcohol Abuse and Alcoholism, most light beers have about 4.2 percent alcohol, compared to 5 percent alcohol for a standard beer.

11. A typical bottle of wine contains about how many standard drinks?
- a. 2
 - b. 3
 - c. 5
 - d. 8

Answer: c. A 25-ounce (750 ml) bottle of wine contains about five standard 5-ounce drinks.

12. Which of the following are symptoms of alcohol overdose?

- a. Mental confusion
- b. Vomiting
- c. Seizures
- d. All of the above

Answer: d, all of the above. In addition, slow or irregular breathing and hypothermia (low body temperature) can be symptoms as well.

13. Moderate drinking for women is defined as how many drinks per day?

- a. 1
- b. 2
- c. 3
- d. 4

Answer: a, according to the Dietary Guidelines for Americans.

14. Moderate drinking for men is defined as how many drinks per day?

- a. 1
- b. 2
- c. 3
- d. 4

Answer: b, according to the Dietary Guidelines for Americans.

15. **True or false:** It is safer to drink beer or wine than liquor.

Answer: False. The amount of alcohol consumed affects a person, not the type of drink. A 12-ounce beer or 5-ounce glass of wine contains the same amount of alcohol as a 1.5-ounce shot of liquor.