

Dental Health JuMblE



Name: _____

Use the clues related to dental health to complete each sentence. Then place the shaded letters in order at the bottom of the page to complete the quote. All words can be found in this month's LivingRight® materials.

1. When the bacteria in our mouths encounters _____, acids are created.
2. These _____ eat away at tooth enamel.
3. Plaque is a sticky _____ that forms on teeth and can bring cavities.
4. A white _____ on a tooth is an early sign of decay.
5. Decay can be stopped or reversed with good _____ hygiene.
6. If left _____, tooth decay becomes a cavity.
7. To prevent cavities, _____ with fluoride toothpaste, floss, and visit the dentist regularly.
8. Puffy, red _____ are a sign of gingivitis.
9. Smoking, diabetes, stress, and crooked teeth are risk factors for _____ disease.
10. _____ replaces minerals that are lost from teeth each day.
11. Fluoridated water can reduce tooth _____ in a community by about 25 percent.

“We shall never know all the good that a _____ can do.” — Mother Teresa