UnitedHealthcare

Catholic Diocese of Charlotte - Choice Plus Employees within Network Areas Plan

Coverage Period: 07/01/2016 – 06/30/2017

Summary of Benefits and Coverage: What This Plan Covers & What it Costs **Coverage for:** Employee & Family **Plan Type:** PS1

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at welcometouhc.com or by calling 1-888-607-5214.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: **$550** Individual / **$1,100** Family Non-Network: **$850** Individual / **$1,700** Family Per calendar year. Copays, prescription drugs and services listed below as "No Charge" do not apply to the **deductible**.	You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	No.	You don't have to meet **deductibles** for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Network: **$1,200** Individual / **$2,400** Family Non-Network: **$3,600** Individual / **$7,200** Family	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	**Premium**, **deductibles**, copays, prescription drugs, balance-billed charges, health care this plan doesn't cover, and penalties for failure to obtain pre-notification for services.	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of **network providers**, see myuhc.com or call **1-888-607-5214**. For a list of pharmacies log on to www.caremark.com and use the FIND PHARMACY tool.	If you use an in-network doctor or other health care **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their **network**. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No.	You can see the **specialist** you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about **excluded services**.

Questions: Call 1-888-607-5214 or visit us at welcometouhc.com. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf or call the phone number above to request a copy.

- **Copayments** are fixed dollar amounts (for example, $15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **coinsurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If a non-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if a non-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$25 copay per visit	30% co-ins after ded.	Virtual visits (Telehealth) – $25 copay per visit by a designated virtual network provider. No virtual coverage out-of-network. If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	$50 copay per visit	30% co-ins after ded.	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	$50 copay per visit	30% co-ins after ded.	Benefits include diagnosis and related services and are limited to one visit and treatment per day. Network and Non-Network Benefits are limited to 20 visits per calendar year.
	Preventive care / screening / immunization	No Charge	30% co-ins after ded.	Includes preventive health services specified in the health care reform law.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	30% co-ins after ded.	None
	Imaging (CT / PET scans, MRIs)	10% co-ins after ded.	30% co-ins after ded.	None

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition **More information about prescription drug coverage is available at www.caremark.com**	Tier 1 – Generic	Retail: $7.50 copay; Mail-Order: 0-30 Day=$5 copay 31-60 Day=$10 copay 61-90 Day=$15 copay	Not Covered	Retail copays are for a 31 day supply of medication. Retail copay will double after 2nd fill for Maintenance Medications. Mail Order is allowed for 30 day, 60 day and 90 day prescriptions. **Effective 7/1/2016** 90 day prescriptions may be purchased at your local **CVS or Target Pharmacy** for the same copayment as a mail order 90 day prescription. Not all prescription drugs are covered under the plan. To determine if a specific drug is covered, log on to your account at www.caremark.com and use the Check Drug Coverage and Cost tool.
	Tier 2 – Brand Formulary	Retail: $25 copay; Mail-Order: 0-30 Day=$17 copay 31-60 Day=$34 copay 61-90 Day=$50 copay	Not Covered	
	Tier 3 – Non-Brand Formulary	Retail: $50 copay; Mail-Order: 0-30 Day=$30 copay 31-60 Day=$60 copay 61-90 Day=$90 copay	Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	10% co-ins after ded.	30% co-ins after ded.	None
	Physician / surgeon fees	10% co-ins after ded.	30% co-ins after ded.	None
If you need immediate medical attention	Emergency room services	10% co-ins after ded.	*10% co-ins after ded.	*Network deductible applies; Notification is required if confined in a non-Network hospital.
	Emergency medical transportation	10% co-ins; ded waived	same as Network	None
	Urgent care	10% co-ins after ded.	30% co-ins after ded.	None
If you have a hospital stay	Facility fee (e.g., hospital room)	10% co-ins after ded.	30% co-ins after ded.	Pre-notification is required non-network or benefit reduces to 50% of eligible expenses.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Physician / surgeon fees	10% co-ins after ded.	30% co-ins after ded.	None
If you have mental health, behavioral health, or substance abuse needs	Mental / Behavioral health outpatient services	$25 copay per visit	30% co-ins after ded.	None
	Mental / Behavioral health inpatient services	10% co-ins after ded.	30% co-ins after ded.	Pre-notification is required.
	Substance use disorder outpatient services	$25 copay per visit	30% co-ins after ded.	None
	Substance use disorder inpatient services	10% co-ins after ded.	30% co-ins after ded.	Pre-notification is required.
If you are pregnant	Prenatal and postnatal care	10% co-ins after ded.	30% co-ins after ded.	Additional copays, deductibles, or co-ins may apply depending on services rendered.
	Delivery and all inpatient services	10% co-ins after ded.	30% co-ins after ded.	Inpatient pre-notification may apply.
If you need help recovering or have other special health needs	Home health care	No Charge	30% co-ins after ded.	Limited to 100 visits for skilled care services per calendar year. Pre-notification is required non-network or benefit reduces to 50% of eligible expenses.
	Rehabilitation services	10% co-ins after ded.	30% co-ins after ded.	Limited to 40 visits per therapy, per calendar year.
	Habilitative services	10% co-ins after ded.	30% co-ins after ded.	Limits are combined with Rehabilitation Services limits listed above.
	Skilled nursing care	No Charge	30% co-ins after ded.	Limited to 100 days per calendar year (combined with inpatient rehabilitation). Pre-notification is required non-network or benefit reduces to 50% of eligible expenses.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
	Durable medical equipment	10% co-ins after ded.	30% co-ins after ded.	Pre-notification is required for DME over $1,000 or no coverage. A single purchase of any one type of equipment is covered. Replacement or repair is covered if medically necessary.
	Hospice service	No Charge	30% co-ins after ded.	Limited to 180 days per calendar year. Inpatient pre-notification is required for non-network or benefit reduces to 50% of eligible expenses.
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	Benefits available under Vision Plan
	Glasses	Not Covered	Not Covered	Benefits available under Vision Plan
	Dental check-up	Not Covered	Not Covered	Benefits available under Dental plan

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Cosmetic surgery
- Dental care (Adult/Child) – see dental plan
- Hearing aids
- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult/Child) – see vision plan
- Routine foot care
- Weight loss programs (except for Real Appeal)

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic care
- Bariatric Surgery

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact the Member Service number listed on the back of your ID card or myuhc.com.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

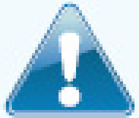
Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-607-5214.
Chinese (中文): **如果需要中文的帮助**，请拨打这个号码1-888-607-5214.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-607-5214.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-607-5214.

---------------------------*To see examples of how this plan might cover costs for a sample medical situation, see the next page.* ---------------------------

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers:** $7,540
- **Plan pays** $6,255
- **Patient pays** $1,285

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$550
Copays	$60
Coinsurance	$675
Limits or exclusions	$0
Total	**$1,285**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers:** $5,400
- **Plan pays** $4,275
- **Patient pays** $1,125

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$550
Copays	$460
Coinsurance	$115
Limits or exclusions	$0
Total	**$1,125**

Questions and answers about Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No**. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No**. Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes**. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes**. An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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